



Rosh Hashanah Simanim

For a sweet new year

Rosh Hashanah is full of significance. It's the beginning of a new year and our judgment is being determined on this day. One way that we remind ourselves of the significance of the day is by eating **Simanim** (literally "signs") – foods that symbolize our hopes for the new year. By eating these foods and simultaneously praying for our needs, hopes, dreams, and aspirations for the coming year, we remind ourselves that our entire future is hanging in the balance on this day, and that every action we do on Rosh Hashanah holds significance. We hope that each bite adds blessings for you and your loved ones this coming year.



יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱלֹהֵינוּ וְאַלֹקֵי אֲבוֹתֵינוּ
שֶׁתַּחַדֵּשׁ עָלֵינוּ שָׁנָה טוֹבָה וּמְתוּקָה:

May it be Your will, Hashem, our God
and the God of our forefathers,
that You renew for us a good and **sweet** year.



יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱלֹהֵינוּ וְאַלֹקֵי אֲבוֹתֵינוּ
שֶׁנִּרְבֶּה זְכוֹת כְּרָמוֹן:

May it be Your will, Hashem, our God
and the God of our forefathers, that our merits
increase as [the seeds of] a **pomegranate**.



יְהִי רָצוֹן מִלְּפָנֶיךָ ה' אֱלֹהֵינוּ וְאַלֹקֵי אֲבוֹתֵינוּ
שֶׁיִּרְבּוּ זְכוֹתֵנוּ:

May it be Your will, Hashem, our God
and the God of our forefathers,
that our merits **increase**.

The Yiddish word for carrots is "mehren" which
resembles the word "mehr" - meaning "more."



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שיתלקו אויבינו:

May it be Your will, Hashem, our God
and the God of our forefathers,
that our adversaries be **removed**.

The Hebrew word for beets is "silka" which resembles
the word "lisaleik" meaning "to remove."



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שיכרתו שונאינו:

May it be Your will, Hashem, our God
and the God of our forefathers,
that our enemies be **destroyed**.

The Hebrew word for leek or cabbage is "karsi" which
resembles the word "lichros" meaning "to destroy."



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שיתמו שונאינו:

May it be Your will, Hashem, our God
and the God of our forefathers,
that our adversaries be **consumed**.

The Hebrew word for dates is "tamar" which
resembles the word "yitamu" meaning "be consumed"



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שנפרה ונרבה כדגים:

May it be Your will, Hashem, our God
and the God of our forefathers,
that we be fruitful and multiply like **fish**.



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שיקרע גזר דיננו, ויקראו לפניך זכיותנו:

May it be Your will, Hashem, our God
and the God of our forefathers, that the
decree of our sentence be **torn** asunder; and
may our merits be **proclaimed** before You.

The Hebrew word for gourd is "kara" which can also mean
"tear" (when spelled with an Ayin) or "call out" (Alef).



יהי רצון מלפניך ה' אלקינו ואלקי אבותינו
שנהיה לראש ולא לזנב:

May it be Your will, Hashem, our God
and the God of our forefathers,
that we be as the **head** and not as the tail.

Don't just use our list, come up with your own! There is a custom to develop new *Simanim* that signify your wishes
for the coming year (See Magen Avraham 583:2). Get creative with your own delicious and meaningful *Simanim*!